

Lindridge St Lawrence CE VA Primary School and Nursery Curriculum – Even Year

Hesed Hamdah Honesty Horizons
Discovering life in all its fulness. John 10:10b



Subject PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to Movement & Games	Basic Gymnastics & Balance	Ball Skills (Throwing & Catching)	Dance & Creative Movement	Athletics (Running, Jumping)	Outdoor Adventure Games
Reception	Introduction to Movement & Games	Basic Gymnastics & Balance	Ball Skills (Throwing & Catching)	Dance & Creative Movement	Athletics (Running, Jumping)	Outdoor Adventure Games
Year 1	Basic Invasion Games	Gymnastics (Rolling & Sequences)	Striking & Fielding Games	Dance (Storytelling through Dance)	Athletics (Throwing, Running)	Introduction to Net/Wall Games
Year 2	Basic Invasion Games	Gymnastics (Rolling & Sequences)	Striking & Fielding Games	Dance (Storytelling through Dance)	Athletics (Throwing, Running)	Introduction to Net/Wall Games
Year 3	Ball Handling & Team Games Invasion Games (Football, Hockey)	Gymnastics (Symmetry & Asymmetry Gymnastics (Counterbalance & Counter tension))	Net/Wall Games (Tennis, Badminton) Striking & Fielding (Cricket, Rounders)	Dance (Cultural & Folk Dance) Dance (Thematic & Creative Dance)	Athletics (Track & Field Skills) Athletics (Advanced Techniques)	Outdoor & Adventurous Activities Net/Wall Games (Tennis, Volleyball)
Year 4	Ball Handling & Team Games Invasion Games (Football, Hockey)	Gymnastics (Symmetry & Asymmetry Gymnastics)	Net/Wall Games (Tennis, Badminton) Striking & Fielding (Cricket, Rounders)	Dance (Cultural & Folk Dance) Dance (Thematic & Creative Dance)	Athletics (Track & Field Skills) Athletics (Advanced Techniques)	Outdoor & Adventurous Activities Net/Wall Games (Tennis, Volleyball)
Year 5	Invasion Games (Rugby, Basketball) Advanced Invasion Games	Gymnastics (Group Sequence) Gymnastics (Performance & Technique)	Striking & Fielding (Advanced Skills) Outdoor & Adventurous Activities	Dance (Choreography) Dance (Performance & Critique)	Athletics (Personal Best Challenges) Athletics (Competition Prep)	Net/Wall Games (Advanced Skills) Striking & Fielding (Team Competitions)
Year 6	Invasion Games (Rugby, Basketball) Advanced Invasion Games	Gymnastics (Group Sequence) Gymnastics (Performance & Technique)	Striking & Fielding (Advanced Skills) Outdoor & Adventurous Activities	Dance (Choreography) Dance (Performance & Critique)	Athletics (Personal Best Challenges) Athletics (Competition Prep)	Net/Wall Games (Advanced Skills) Striking & Fielding (Team Competitions)